**Basha High School Physical Education/Weight Training Program**

The Basha High School Physical Education/Weight Training program is an important facet in the student’s overall education. We believe in challenging the student mentally as well as physically. The student will be able to incorporate the learned information from our program to make connections with other classes and to improve their lifestyle.

**Student Requirements:**

1. Inside your locker room before the late bell.
2. Dress out in the required uniform and participate fully every class.
3. Follow directions, stay on task, and respect the facilities and equipment. No food, gum, or drinks allowed in the PE areas. (Bottled water allowed.) No water bottles or cups allowed in the Weight Room, there are water fountains in the facility.
4. Show respect to teachers and peers.
5. Remain in designated area and never leave without permission.
6. Be responsible for personal belongings.

**Required Dress:**

Black athletic shorts, long enough for modesty while exercising.

“Basha PE” Shirt- Full Crew Gray T-shirt with NO ALTERATIONS! Sold at the bookstore (Room F1).

Athletic Shoes (laced during class). No Toms, boots, sandals, or Sperry’s allowed.

Sweats allowed with required uniform underneath during cooler weather.

**Grading Scale:**

Everyone starts each quarter with an A+ (100 %). This grade is maintained unless one of the following occurs:

Tardy means student is not in the locker room by the late bell and/or not arriving to designated class location in time allotted. **Tardy = -1 %**

Non-dress means student does not have the appropriate required uniform or forgot his/her clothes.

**Non-Dress = -10 %**

Misbehavior and Non Participation means student is disrespecting peers or teacher or equipment or any combination of what is listed prior as well as not participating in any part of the class activity.

**Misbehavior/Non-Participation = Up to -10 %**

Absent means when student is not in class regardless of an excused or unexcused absence. Field trips are the only exception. **Absence = -10 %**

Grading Scale: A= 90-100% B=80-89% C=70-79% D=60-69% F=59% or below

**Making-Up Points:** Students may make up EXCUSED absences or Non-Dress only by making an appointment with their teacher to make arrangements for making up his/her grade. The appointment needs to be arranged within ONE week after the absence/non-dress.

**Non-Dress:** It is imperative that the student is in the required dress for every class as this assists in security and hygiene. Students will not be allowed to participate without the Physical Education Uniform; this will result in a deduction of 10 off their grade. The following chart is the list of consequences for non-dresses.

First Non-Dress= - 10 %, for only the First Non-Dress the student will have the opportunity to make up the points lost.

Every Non-Dress following, 10% will be deducted for each without the possibility of raising the student’s grade.

Absence Policy: Students absent from class excessively may be dropped from class.

Tardy Policy: All students are expected to arrive inside his/her locker room before the late bell. All tardies will result in the student losing 1 %. On the second and/or third tardy the parents will be notified. On the fourth tardy and EACH tardy after will result in a referral sent to administration.

Behavior Policy: Profanity will not be accepted in any of the Physical Education Facilities. The following actions will occur when behavior becomes an issue. (For example, inappropriate language, disrespect to peers, equipment, staff members, etc.)

First Offense= Student-Teacher Conference

Second Offense= Call home, and referral to Administration.

Conference: Conference will be held in the Big Gym on Wednesdays and Thursdays. No food or drinks (except water) will be allowed. During this time students are only out of their classroom if they have a pass obtained from their teacher prior to PE Class. The library is not available during Conference. Students should use this time to study or read.

Diversity Statement: All individuals have a right to an educational environment free from bias, prejudice and bigotry. As members of the Basha High School educational community, students are expected to refrain from participating in acts of harassment that are designed to demean another student’s race, gender, ethnicity, religious preference, disability or sexual orientation.

Security: Theft occurs when a student leaves their belongings in an unsecured area, failed to lock their locker, or they have given someone his/her combination to their lock.

1. Students will be provided a lock for PE. The bookstore will sell locks if a student loses their lock ($5.00). Each student is ultimately responsible for his/her belongings. Teachers will not store clothing and personal items in their offices.
2. Do Not Bring valuable items to school! We are not responsible for them if they are lost or stolen. This includes excess money, cell phones, or other electronic equipment.

Infinite Campus Access: Parents can access their child’s grades and assignments by going to the school’s website and clicking on Parent Connect. Students’ information is only accessible by using an individualized password assigned by the school. Parents may contact office personnel/counselor for their child’s password.

If you have any questions or issues, please do not hesitate to contact your child’s teacher first, and please allow them 24 hours to respond. Here are the teacher contacts:

Mrs. Farrington= [Farrington.yvette@cusd80.com](mailto:Farrington.yvette@cusd80.com)

Mr. Grothaus= [Grothaus.michael@cusd80.com](mailto:Grothaus.mike@cusd80.com)

Mr. Jennings= [Jennings.john@cusd80.com](mailto:Jennings.john@cusd80.com)

Mr. Kehoe= [Kehoe.erik@cusd80.com](mailto:Kehoe.erik@cusd80.com)

Mr. Lawton= [Lawton.darin@cusd80.com](mailto:Lawton.darin@cusd80.com)

Mr. Todd= [Todd.gerald@cusd80.com](mailto:Todd.gerald@cusd80.com)

Basha High School Grading Policy

Name of Student

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(Please Print)

I have received and read the Basha High School policies and procedures for Physical Education/Weight Training Class.

Student Signature

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Parent/Guardian Signature

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Home Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Cell Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_